On Thursday 10 September Students from Mungindi Central School travelled to Narrabri to play in the Touch Football Gala Day. Our representatives were:

Junior Team - (Years 3 and 4) Kayleb, Shaye-Leigh, Neitayah, Shane, Dwana, Lachlan, Jack Drake, Nic, Tessy and Davina.

Senior Team - (Years 5 and 6) Darryl, Raymond, Felicity, Mackenzie and Taneisha.

Both teams had to be entered in the boys section of the draw. Each team played five 15–20 minute games, with six players on the field at a time. As we were short a player for the Senior team, students from the Junior team took turns to step up and help the Seniors in their games. The Juniors also played games for another team that were also short of players. This resulted in many of the Juniors hardly having a break all day. They ran from their game straight onto the field for the Senior team and then back to their next game. Well done to all the players; their behaviour on the bus trip and at the event was excellent.

Special thanks to the following people:

- Aunty Jenny and Deanna for accompanying the children on the day.
- Mr Hunt for driving the bus.
- Mrs Brymer for supplying bottles of water and energy food.
- Mr Shakells for his support with the Junior Team.

Mrs Virginia Hunt
Teacher

“IT does not matter how slowly you go as long as you do not stop.”

Confucius
Students who won Book Club vouchers can redeem their prize in the current or next issue of Book Club.

The winners were:

- **Preschool** – Harry Potter aka Hidde Goodman
- **Kindergarten** – Woody aka Rylee Perry - Gilbert
- **Year 1** – aka Claire McMillan
- **Year 2** – aka Kimesha Ellis
- **Years 3 & 4** – The Devil aka Neitayah Prince, Iron man aka Henry McMillan
- **Years 5 & 6** – Batman aka Stephen Prince, The Karate Kid aka Dylan Smith
- **Secondary** – Gandhi aka Michael Beatty, Indian princess aka Cheyanne Prince, aka Aliesha Prince

Last week our school had a visit from Jonas who brought with him the “Ghana Beat Your Drum” performance. All stages in the school had the opportunity to listen to and see this wonderful performance utilising a variety of traditional drums, shakers and percussion instruments. Jonas explained the use of drums by both men and women and also the way they are made. Following this introduction some very lucky students were also invited to be a part of the interactive show and exhibit their talents in percussion and dance.

*Mr Jonathan Smith*

**Assistant Principal**
### MAINS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pies—(Beef Portion Size)</td>
<td>$3.00</td>
</tr>
<tr>
<td>2 x Steamed Dim Sims &amp; Sauce</td>
<td>$4.00</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken Wraps</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken Poppers</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Burger</td>
<td>$5.00</td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$3.00</td>
</tr>
<tr>
<td>Toasted Pork Riblet &amp; Cheese Wrap</td>
<td>$5.00</td>
</tr>
<tr>
<td>Hot Chips</td>
<td>$3.00</td>
</tr>
<tr>
<td>Air Fried Hot Chips</td>
<td>$3.50</td>
</tr>
<tr>
<td>Gravy</td>
<td>$0.50</td>
</tr>
<tr>
<td>Toasties (Ham &amp; Cheese, Chicken &amp; Cheese)</td>
<td>$3.50</td>
</tr>
<tr>
<td>White Bread</td>
<td>$3.50</td>
</tr>
<tr>
<td>4 Seed Bread</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

### DRINKS & EXTRAS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit—Apple</td>
<td>$1.00</td>
</tr>
<tr>
<td>Popper Drinks</td>
<td>$2.00</td>
</tr>
<tr>
<td>600ML Water</td>
<td>$2.50</td>
</tr>
<tr>
<td>Flavoured Milks (Strawberry, Chocolate)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Milo</td>
<td>$2.50</td>
</tr>
<tr>
<td>Super Doopers</td>
<td>$0.80</td>
</tr>
<tr>
<td>Paddle Pops (Rainbow, Chocolate, Banana)</td>
<td>$1.70</td>
</tr>
</tbody>
</table>

This symbol denotes healthier options. It is still the responsibility of parents to order healthier meals and treats.

### HOW TO ORDER:
Students must bring their order, with money (in a paper bag or envelope) to school on Wednesday. The orders will be collected from the Classrooms on Wednesday mornings at 10:00am. Students will be able to collect their orders from the Canteen on Thursday.
Secondary school students are still completing their reading challenge; to read themselves around the world, with the aim of reading a minimum of six books throughout the year. Some are quickly gaining frequent flier points which is great to see. The level of books are based on individual student reading levels, and it’s great to see some students really getting into the swing of it. If you are not here and you think you should be, you need to come and see me to ensure your mileage has been recorded properly.

As of Friday the students, some teachers, and some SLSO’s journeys by number of continents are as follows:

Miss Tanya Ogg

Secondary English Teacher

<table>
<thead>
<tr>
<th>Travellers</th>
<th>Continents Visited</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kydon</td>
<td>1</td>
</tr>
<tr>
<td>Reevan</td>
<td>1</td>
</tr>
<tr>
<td>Olivia</td>
<td>1</td>
</tr>
<tr>
<td>Devon</td>
<td>1</td>
</tr>
<tr>
<td>Courtney</td>
<td>1</td>
</tr>
<tr>
<td>Dana</td>
<td>1</td>
</tr>
<tr>
<td>Breanna</td>
<td>2</td>
</tr>
<tr>
<td>Shay</td>
<td>2</td>
</tr>
<tr>
<td>Crystal</td>
<td>2</td>
</tr>
<tr>
<td>Aunty Nat</td>
<td>2</td>
</tr>
<tr>
<td>Lydia</td>
<td>3</td>
</tr>
<tr>
<td>Baihli</td>
<td>3</td>
</tr>
<tr>
<td>Aunty Rachel</td>
<td>3</td>
</tr>
<tr>
<td>Brett</td>
<td>4</td>
</tr>
<tr>
<td>Mikey</td>
<td>5</td>
</tr>
<tr>
<td>Aunty Jen</td>
<td>6</td>
</tr>
<tr>
<td>Jasmine Mc</td>
<td>7</td>
</tr>
<tr>
<td>Aliesha</td>
<td>8</td>
</tr>
<tr>
<td>Tara</td>
<td>9</td>
</tr>
<tr>
<td>Peter</td>
<td>9</td>
</tr>
<tr>
<td>Ms Ogg</td>
<td>19</td>
</tr>
</tbody>
</table>
Welcome back everyone to what will be a very busy and active Week Ten. This week shows us just what an intense time we have at school. Today will see our end of Term Assembly to celebrate the wonderful efforts of our students. This one is made a bit more special as we missed the Term 2 one. But on top of that we are hosting a community information presentation on Cyber Bullying kindly offered by Senior Constable Ron Halliday our School Liaison Police Officer. He will also provide information for our Year 5 and 6 students who will be joined by students form St Josephs on Wednesday at 11:40am. Ron will then present to our Secondary students to suit their needs. The focus in on providing very clear outlines of the boundaries and dangers involved in these activities and the very real consequences and identifiers of these activities.

This week will also see the school receive some much anticipated upgrades in student classroom furniture. One of the concerns that I have had for some time was the nature of the seating we had for the vast majority of our students. As a result these will be replaced with the newer profile chairs that will make our steel framed examples redundant. I have also managed to gain access to some tables and other items to give a number of rooms a much needed facelift. Having done this I have had the opportunity to see how one of the Narrabri schools has set up their Primary learning areas. We certainly do have quite a serious way to go in reaching their standard. But all great plans start from a point in time.

As mentioned last term we will once again continue with the break in our items for tendering while we do a bit of a search across the site to see what range of excess items we have. The next round could well be a mix of items including some now excess printers. The tender process will restart next term so be prepared as we do a really intense search for excess items.

While our Year 11 students have now effectively completed their preliminary studies, next term will see them making a very critical start to their HSC studies. This will be a very important time while they establish and set the foundations for their HSC next year.

Well this week is very much about our soon to be graduating class of 2015. The Year 12 students will on Friday have reached the end point of their formal face to face education in a school environment. That is not to say that they will not be welcome back to access as much support and assistance as they seek next term in the lead up to the official HSC examinations. But there will not be formal timetabled lessons as they will have entered their student study period. To mark this very important milestone in their education journey, the school will have a Farewell Assembly on Friday at 10:30 am. This will be an opportunity for the school to share in this very special event in their lives. Families and parents are all invited to be a part of this day. There will also be a morning tea hosted by the school for our Year 12 students and families so that we can all share in this celebration. It will be held in the teacher’s common room if you can join us could you please let the front office know by early Thursday for catering purposes.

Last week I shared just a snapshot of what these outstanding young adults have been doing as part of their preparations for their HSC. Can I ask that we continue all our various methods of support for them at this very challenging time. I am very certain that their many outstanding achievements will be acknowledged as a part of the celebration and it is important for all of us to share this with them as we are able. They all have well thought out long term plans that will need our support as they chase their dreams and aspirations. As a school and family that will always be our combined role, let’s all help them achieve their very best.
Principal's Message

This week will see our third reward day of the year. The Primary students who have qualified by their 80% attendance rate and hard work in class will be enjoying the pleasures of two jumping castles. To round off the day there will be a few more activities in the offing just to make this a day to remember for them all. The day will be planned to start at 12 noon with the qualifying students taking part in the half days activities.

There will be a complication with the secondary event. All my planned events have fallen through so we are on negotiation about some alternative activities. Plus while this is the last day for our Year 12 students the school was looking at taking them out for a lunch to celebrate their transition to beyond school life. They would be welcome to join in with any activities once they are finished with their lunch date. From all reports they are quite keen to join the other secondary students as well.

There will be a letter coming out this week outlining the plans for the day and confirming an invitation to participate in the half day activity. It is very important that students are maintaining a high level of attendance and high levels of engagement with their classwork and whole school in order to qualify for the day. As an ongoing reminder to our students all those who are maintaining the required attendance will be published in the Newsletter. Plus I am sure they will be reminded in class as well.

There will be more information each week to keep everyone informed. Please let the school know if you are happy with the information we are providing on Telephone : 02 6753 2207.

Can I thank all staff, students, parents and families for all your help during the term, much of what we do relies on your support and assistance. This has been quite a challenging term and I hope that we all take the time to enjoy our children during the break and return fully refreshed ready for an awesome last term of the school year. All that we achieve for the students is done with a shared ideal and focus. Thank you again.

All the best.

Erich Riesinger
Principal

Community Notices

COMMUNITY CONSULTATION

Senior Constable Ron Halliday will be delivering a presentation on the issues surrounding Internet Safety. This will be held on Wednesday, 16 September 2015 and members of the community are invited to come along!

When: Wednesday 16 September
Time: 6:00 pm
Where: Mungindi Central School Hall

For enquiries please contact Sue Price on 0427 169676
This expression of interest will be for Term 4, (Week 1 to 4 inclusive) 2015. This EOI will be a temporary engagement position.

- Interested applicants are invited to submit an Expression of Interest.

The Expression of Interest is to be a written statement of no more than two pages addressing the experiences that may demonstrate the skills or interest to perform this role.

The applications are to be handed in at Mungindi Central School front office by the close of business Friday 18 September 2015

Position Information:

- This position will be for four weeks of Term 4 – 2015.
  
  The EOI will be based on applications submitted and referees.

Brief Role Statement:

This role is based in the Year 3/4/5/6 classroom and involves supporting students in their learning. There is an aspect of managing a specific learning program that is designed to assist students in their literacy and numeracy. The role is defined as a classroom support position.

The successful applicant will be informed in the second week of the break. This will be from the 28 September to the 2 October 2015 by phone.

If you require any more information please contact Mungindi Central School.

Mr Erich Riesinger

Principal

Mungindi Central School

Phone 0267 532 207

59-67 Wirrah Street

Fax 0267 532 346

MUNGINDI NSW 2406

Email mungindi-c.school@det.nsw.edu.au

Website www.mungindi-c.schools.nsw.edu.au
Aboriginal Education Consultative Group

There will be an AECG meeting on Wednesday 16 September at 11:00am in the School Hall.

This meeting will be to submit and select committee members.

There are five or more positions vacant. There will be a vote for executive members.

All are welcome (including students 16 years and over) to become members, with a $2.00 joining fee.

See you all at the meeting. Please bring a plate.

Natalie Prince
Aboriginal Education Officer
Fussy eating in children

Fussy eating is normal; one day your child will be ravenous, the next day they will be picky. Children’s appetites are affected by their growth cycles, which is all part of their development. Here are some simple tips to manage fussy eaters:

- **Get into good habits**
  - Ensure children get regular meals and snacks throughout the day
  - Set time limits for meals
  - Limit talk about your child’s food fussiness in front of them

- **Create a pleasant atmosphere at meal times**
  - Turn off the TV
  - Give everyone an opportunity to talk

- **Allow some choice**
  - Allowing limited choice in what they eat e.g. would you like grapes or a pear

- **Introducing new foods**
  - Start with small serves of the new food
  - It may take 10-15 times of offering before a child will take a liking to the new food
  - Eating with other children can help exposure to new foods
  - Always try to eat the same food as your children and talk about how yummy it is or isn’t this flavour nice etc.

For more information on fussy eating go to: [http://raisingchildren.net.au/articles/fussy_eating.html](http://raisingchildren.net.au/articles/fussy_eating.html)

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**A reminder to all Parents/Carers.** Mungindi Central School lunch break is between 11:00 am - 11:40 am every day. Please make sure your child has their lunch available at the start of this break, so school learning time is not interrupted.
School Holidays start on Friday 18 September.
We all come back on Tuesday 6 October.
Everyone have a safe and enjoyable two week break and be ready to tackle Term 4!

How to make rock fish

What you will need
- A collection of pebbles (a good place to look is at the river or in the garden)
- Acrylic Paint Set
- Gold Acrylic Paint
- Gold Glitter Glue
- Gold glitter Foam Sheet
- Googly Eyes 6mm
- Foil Cup Cake Holders
- Soft Grip Scissors
- Craft Glue
- HB Graphite Pencil
- Paint Brush Set of 3

1 Step-by-step

1. Draw and Paint. Draw out your scales on your rocks using a graphite pencil. Paint each scale a different colour. We have stuck to a palette of primary colours and gold. If your rocks are particularly dark, then mix in a bit of white with each colour to brighten up the paint.

2. Glitter and Eyes. Once dry, paint a thin layer over your gold pieces with the glitter pen. Don’t make it too thick or it may run down the sides. Stick a googly eye on the side of the face.

3. Tail and Fins. Take your foil cup cake holders and fold in half. Glue two alongside each other to the back of your rock and leave to dry.

Information found on www.homelife.com.au
Information for Rewards Day for end of next Term.

**Infants and Primary School**: Sunni, Novan, Melissa, Darcy, Claire, Sheldyn, Allannah, Flynn, Kimesha, Daniel, Mikey, Azjorn, Lexie, Shanice, Tyra, Kolby, Kayden, Lachlan, Tessy, Dominic, Drake, Jack, Dwana, Henry, Neitayah, Kayleb, Shane, Brock, Felicity, Stephen, Taneisha, Jayden, Raymond-Jai, Gabriell and Monica.

**High School**: Michael, Kydon, Reevan, Breanna, Devon, Jasmine, Brett, Crystal, Jasmine, Tracey, Antonia, Aliesha, Deanna, Peter and Tara.

This Report is at 11 September, 2015

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**EVERY DAY COUNTS....**

*A day here or there doesn’t seem like much, but...*

<table>
<thead>
<tr>
<th>When your child misses just...</th>
<th>that equals...</th>
<th>which is...</th>
<th>and therefore, from Kindy to Year 12, that is...</th>
<th>This means that the best your child can achieve is...</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day each fortnight</td>
<td>20 days per year</td>
<td>4 weeks per year</td>
<td>Nearly 1 ½ a years of school</td>
<td>Equal to finishing Year 11</td>
</tr>
<tr>
<td>1 day a week</td>
<td>40 days per year</td>
<td>8 weeks per year</td>
<td>Over 2 ½ years of school</td>
<td>Equal to finishing Year 10</td>
</tr>
<tr>
<td>2 days a week</td>
<td>80 days per year</td>
<td>16 weeks per year</td>
<td>Over 5 years of learning</td>
<td>Equal to finishing Year 7</td>
</tr>
<tr>
<td>3 days a week</td>
<td>120 days per year</td>
<td>24 weeks per year</td>
<td>Nearly 8 years of learning</td>
<td>Equal to finishing Year 4</td>
</tr>
</tbody>
</table>

*Give your child every chance to succeed...*

*Every day counts!*