Last Thursday August 6, fifteen Primary and Secondary students from Mungindi Central School travelled to Goodooga to participate with over 200 students from thirteen different schools at the Indigenous Games Day. The students were well behaved throughout the day. This event provides students with an opportunity to participate in a variety of Indigenous based games. Students are allocated to teams made up of students from the different schools. This format takes the students out of their comfort zone and encourages them to meet new people and work with them to succeed. While there are awards for the team that earns the most points, the emphasis is on sportsmanship. This year, Dylan Smith won a sportsmanship award for his team.

After the games, everyone enjoyed a delicious hot lunch provided by Goodooga School and Community. We then attended the presentation before embarking on the long trip home.

Mrs Virginia Hunt
Teacher
## MAINS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>PIES—(BEEF PORTION SIZE)</td>
<td>$3.50</td>
</tr>
<tr>
<td>2 X STEAMED DIM SIMS &amp; SAUCE</td>
<td>4.00</td>
</tr>
<tr>
<td>SAUSAGE ROLL</td>
<td>$3.50</td>
</tr>
<tr>
<td>CHICKEN WRAPS</td>
<td>$3.50</td>
</tr>
<tr>
<td>CHICKEN POPPERS</td>
<td>$3.00</td>
</tr>
<tr>
<td>CHICKEN SALAD</td>
<td>$3.00</td>
</tr>
<tr>
<td>TOASTED PORK RIBLET &amp; CHEESE WRAP</td>
<td>$5.00</td>
</tr>
<tr>
<td>HOT CHIPS</td>
<td>$3.00</td>
</tr>
<tr>
<td>GRAVY</td>
<td>$0.50</td>
</tr>
</tbody>
</table>

## DRINKS & EXTRAS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>FRUIT—BANANAS OR MANDARINS</td>
<td>$1.00</td>
</tr>
<tr>
<td>LIFT, FANTA, LEMONADE OR FRUITY JUICES</td>
<td>$2.00</td>
</tr>
<tr>
<td>600ML WATER</td>
<td>$3.00</td>
</tr>
<tr>
<td>KABLUKEY FREEZE POPS</td>
<td>$1.00</td>
</tr>
<tr>
<td>MILO</td>
<td>$2.50</td>
</tr>
</tbody>
</table>

**HOW TO ORDER:** Students must bring their order, with money (in a paper bag or envelope) to school on Wednesday. The orders will be collected from the Classrooms on Wednesday mornings at 10:00am. Students will be able to collect their orders from the Canteen on Thursday.

We are working on healthier options and hope to implement them during the Term. It is still the responsibility of parents to order healthy meals and treats.
The St George RSL Sub Branch has been granted funds to erect a Memorial Wall to commemorate the service and sacrifice of our region’s soldiers and nurses. The granted funds will pay for engraved pavers to commemorate the service and sacrifice of all WWI soldiers and nurses who were born, enlisted or lived in the Balonne Shire. Engraved pavers are also available for residents of the Shire to purchase (at only $30 per paver), to commemorate their own or a relative’s service in any other war or peace-keeping force.

To order your paver/s, please call me on 0474 522 256 or email me on klb60@live.com.au. (Please note that payment is required before pavers will be ordered. Please also note that the soldier/nurse being commemorated does not need to have come from the Balonne Shire, as long as there is some link to the Balonne Shire.)
MUNGINDI CENTRAL SCHOOL

FUNDRAISING
RAFFLE

Help make major excursions more accessible to all students by joining us at the

Jolly Swagman Hotel Motel
Friday 14 August

Tickets on sale 6:00 pm – 8:30 pm

All prizes generously donated by local businesses

The Jolly Swagman Hotel has generously donated the Friday night raffle to help raise money that will help make major excursions from Kindergarten –Year 12 more accessible.

Tickets will be sold from 6:00pm until 8:30 pm. So come out this Friday 14 August and support the Mungindi Central School major excursion fundraising effort.
Book Character Parade
Books Light Up Our World

To celebrate the Children’s Book Council Awards of Australia, we are holding a book character parade. Students, staff, parents and carers are invited to come dressed as a book character and join in a morning of celebration of Australian books.

Friday 28 August 2015

10:30am - Book reading in classrooms - parents, grandparents and carers welcome.
11am - Book Character Parade
11:30am - BBQ

Get your photo at the PHOTO BOOTH
$2

LOTS OF PRIZES including: Book club vouchers, certificates and novelties. Judging will be by a panel, with consideration given to originality, creativity and anything else they think worthy of a prize.
The 3-4-5-6 recently ran a guessing competition to help raise money for the K-12 major excursions. Students from the Primary School took charge and dedicated their lunchtimes to making the competition successful. Students were involved in advertising the competition and taking names and guesses.

On Friday the 3-4-5-6 took great pleasure in making a phone call to the winner of the competition Mr Riesinger and our School Captains presented him with his prize on Monday. Mr Riesinger guessed 478 when there was 475 lollies in the jar.

Well done Mr Riesinger.

Mr Jonathan Smith

Assistant Principal
On Wednesday 5 August, Monica Prince, Felicity Hodges, Taneisha Prince, Dwana Evans, Tayah Prince, Shaye-Leigh Brown and Tessy Duncan travelled to Walgett to compete in the Annual Jenny Wright Shield.

The girls’ behaviour on the bus trip to and from the event and while at the event, was a credit to their School, families and Community. They were respectful towards the umpires, other competitors and each other. They demonstrated teamwork and sportsmanship in every game.

Over the past three years, Mungindi Central School has combined with other schools from our area to field a team to attend this competition. Unfortunately, we have never achieved great results. This year the girls began preparing for this event at the beginning of Term 2 and the results they obtained demonstrated to them that commitment and training make a difference. The girls won 4 of their 5 games. While they did not make the Grand Final, they finished equal third out of 14 teams. The organisers of the competition were excited for the girls when they won their first game, and astounded by their performance by the end of the day. They even asked the team what had happened at Mungindi for us to do so well – and we could honestly say that we had been training!

On the trip there we discussed a format for selecting the best and fairest player. It was decided that Mal Hunt and I would award points to individual players for each game. After our first game, it became apparent that there was no one player that stood out. Every player played their position beautifully and this continued for the rest of the day. Dwana and Taneisha were awesome in defence, Felicity, Tayah and Shaye-Leigh covered the mid court play superbly and Tessy and Monica controlled the attack with precision.

Thank you to Raymond Evans, Davina Evans, Breanna Prince, Cheyanne Prince and Darcy Hodges for attending so many of our training sessions and enabling us to play training games. Thank you to Natalie Prince for helping at training. Thank you to Mal Hunt for volunteering his time to drive us to and from the event and also doing the scorer’s duty at the event.

Mrs Virginia Hunt
Teacher
Fussy eating is normal; one day your child will be ravenous, the next day they will be picky. Children’s appetites are affected by their growth cycles, which is all part of their development.

Here are some simple tips to manage fussy eaters:

**Get into good habits**
- Ensure children get regular meals and snacks throughout the day.
- Set time limits for meals.
- Limit talk about your child’s food fussiness in front of them.

**Create a pleasant atmosphere at meal times**
- Turn off the TV.
- Give everyone an opportunity to talk.

**Allow some choice**
Allowing limited choice in what they eat e.g. would you like grapes or a pear.

**Introducing new foods**
Start with small serves of the new food.
It may take 10-15 times of offering before a child will take a liking to the new food.
Eating with other children can help exposure to new foods.
Always try to eat the same food as your children and talk about how yummy it is or isn’t this flavour nice etc.

For more information on fussy eating go to: [http://raisingchildren.net.au/articles/fussy_eating.html](http://raisingchildren.net.au/articles/fussy_eating.html)
Welcome back everyone to what will be a very busy and active Week Five. Our items for tendering this week will be one small fridge and a ride on mower. The details of all these items will be on the tender page. Can I thank everyone for their level of support during this process. The school has received bids on all items to this stage. The process to collect the items will be a little convoluted as the people who won the highest bid get first option on the chairs and then I will need to work my way down the list. The school currently has the chairs separated so the next few days would be the ideal time to collect these items. I will be contacting people re the outcome of the chairs today. The process is quite easy; it is a blind bidding process where the highest bidder gets first option on the item. Then I will work my way down the list of next bidders until the price does not meet the reserve or there are no items left.

If you are interested in any items you can nominate a price in a sealed envelope and hand it in at the front office. At the close of business on Monday 17 August I will open these and inform the winning tenderer. Please keep your eyes on the newsletter to see what items are up each week.

Next week will see a group of Primary students travel to Moree for the Heferen Shield. This was postponed due to the weather some weeks ago. We wish the students all the best as they ramp up their preparations for the day. This is an athletics carnival that involves all the schools in the Barwon area including large and small schools. There is a complex process to give all schools an equal chance of winning. If we remember, our school won last year, even though we had quite a small group of very keen competitors.

This week will see the completion of a series of rooms being painted at the school. The rooms nominated for this round have been the Hall, Food Tech room, Secondary staff room and both Primary room blocks. This was a part of the maintenance jobs identified for the last year. Later in the week I will be meeting with a representative from the Departments Assets Management team to identify the next round of areas for attention. The long term plan is to have a visually attractive school that has very few maintenance issues. The consideration is that we are always doing these jobs within a predetermined budget. To give you an idea, I have a list of identified jobs to be addressed across the school site. The total cost of this work is $565,318, the school is allocated a budget of $27,870 to fix the jobs we have identified as a priority. As a school I can contribute some school funds to assist in fixing more tasks, but still if you look at the scale of the costs it will be quite some time before we address all the jobs needed. However we have always made it a priority to use additional school funds to achieve the results that will make the most significant difference to the school site. One of the many focus areas for the future will be the external appearance of the school and some of the many fixtures on site.

The Stage 6 Year 12 students will have their HSC trials on next week. For many of them this will be the last of their assessment tasks in their courses. They will be feeling a level of increased pressure as this approaches. On a positive front they have been very committed to their study as part of their preparations. The benefit of investing time and energy into their study now is that this will prove to be the foundation for the study that will need to be done before the HSC examinations next term. Plus this will give them all vital feedback in terms of where the focussed effort will be needed for the HSC. So as parents and teachers, now is the time we will all need to work together to be supportive and understanding in this run up to their HSC examinations in October and November. I know it seems so far away but the anxiety may well build towards this time. Let’s all try to make this work for all of our students.
The new canteen arrangements have been fully functional from last week. The process will be somewhat different as the orders will be taken on the Wednesday and processed by the Mungindi Servo to be delivered to the school and distributed at the start of lunch on the Thursday. Please take the time to check out the selections of food that can be ordered in this week’s Newsletter. We will look to stay with an offering of healthy foods where we can give students these options. We are still looking for some possible students to take up the role of taking of orders and giving out the orders on a Thursday. As this process unfolds we will assess the scope of the menu and make decisions based on what items best meet the guidelines.

The school will be booking the assortment of items to be used for the end of term activity this term. In order to qualify for the reward activities this term there will be an attendance requirement. Each week we have been providing information about the impact that days absent have on learning. As a result of the importance of this one of the criteria to be a part of the reward day will be an overall attendance rate of 80% or better for the whole Term. This would be not more than 10 days absent for the whole term. While we work towards improving this over time even 80% is below what is the expected attendance rate for students. This will be quite a challenge for some students, but the rewards will be more than worth the effort. A half day of fun activities on the last day of this term with jumping castles and laser skirmish. It is very important that students are maintaining a high level of attendance and high levels of engagement with their classwork and whole school in order to qualify for the day.

The schools PBL journey continues with a visit by Cathy Archer to present a workshop for the staff this week on Thursday. This will give staff further feedback on the directions to be taken at a school level with the program. There will be more information each week to keep everyone informed. Please let the school know if you are happy with the information we are providing on Phone: 02 6753 2207.

All the best.

Erich Riesinger

Principal

Food Technology

High School students will be selling hot and cold Milo for students at late break every Tuesday, and patty cakes / taster samples of the food they made in Food Tech for $1.00. Next week is vegetable pasty taster or spinach and bacon cabonara for 50 cents.
Mini Bar Refrigerator.  
Small fridge Model WB-120 Working order.  
John Deere Ride on Mower  
Model LA115 in good order has new front tyres and steering linkages.

SUCCESSFUL TENDER WILL BE THE HIGHEST BID

Touch Rugby Training

Touch Rugby training will commence during late break at school. Probably each Monday and Wednesday; starting this Wednesday.

There will be two teams; a Senior and Primary team. The boys and girls teams will, initially be mixed. Two senior students, Peter and Christian, will be assisting with training and coaching. At this stage there will be no cost to families.

There will be a gala carnival at the end of this Term and the school hopes to enter both teams in a regional competition late in November.

Please contact Mr. Shakells for any more information.

Tractor Visit

On Monday morning, Don Smith (Miss Smiths dad) dropped in on his way through Mungindi to show us his Chamberlain tractor. He is driving from Uralla to Alice Springs to meet up with other tractor owners, who will then drive as a group out to Uluru/Kata-Tjuta National Park. His tractor has a specially made cab and a sleeper on the back so he can camp out in the bush. Its top speed is 46 km/h, and it will take eight days to reach the Alice Springs.

Miss Kimberley Smith  
Science Teacher
Motivation, Commitment, Success

Mungindi Central School
59-67 Wirraah Street
MUNGINDI NSW 2406
Mr Erich Riesinger
Principal

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MON–THUR 10–13 AUGUST 2015 - POCHE DENTAL
FRIDAY 14 AUGUST 2015 - PUPPET TRICKSTERS
MONDAY 17 AUGUST 2015 - HEFEREN SHIELD
TUESDAY 18 AUGUST 2015 - LIFE EDUCATION VAN
THURSDAY 3 SEPT 2015 - VET AUDIT