On Wednesday 27 May, the students left Mungindi Central School at 6:30 am bound for North Star. We arrived with plenty of time to warm up and suss out the competition. The races commenced and Mungindi Central School students were cheering on the sidelines and had the loudest cheers when the competitors crossed the line.

Mackenzie, Felicity and Darryl have progressed to Regional Cross Country, which will be held in Coolah on Friday 12 June.

On the way home we saw two emus doing their own Cross Country and the quote of the day goes to Taneisha - “Gosh it must be hard to run on two legs!”

Congratulations to all Mungindi Central Students who participated in the day. Your sportsmanship and school pride made it a great day.

Miss Kimberly Smith
Excursion Supervisor
Reminder about Crunch&Sip®

Our school is part of the Crunch&Sip® program. To ensure that your child takes part in Crunch&Sip® you need to pack a piece of fruit or vegetables and a bottle of water every day.

**Allowed for Crunch&Sip®**
- All fresh fruit and vegetables
- Tinned fruit in water or juice
- Dried fruit in small amounts and on limited occasions
- Plain water

**Not allowed for Crunch&Sip®**
- Fruit products (e.g. fruit leathers, fruit roll-ups, fruit straps)
- Fruit jams or jellies, fruit pies or cakes
- Tinned fruit in syrup
- Vegetable or potato chips, hot potato chips
- Olives
- Vegetable pastries (pies, pasties)
- Baked vegetable breads
- Vegetable cakes, fritter, quiches or similar
- Popcorn
- Flavoured/carbonated water, cordial, Fruit or vegetable juices
- Any drink other than plain water

If your family is having difficulties providing a piece of fruit or vegetable every day please let us know and we will assist you in addressing this.

Mrs Judy Brymer
P & C President
Last week saw us visit the Community Library for Simultaneous Storytime with our friends from Mungindi Community Preschool before inviting them back to have a play at our Preschool!

Our fascination with Dinosaurs has seen us create a beautiful array of Prehistoric crafts which are on display in the Front Office!

This week we are moving our focus towards reptiles after noticing that “Dinosaurs look a lot like lizards”. We are especially interested in snakes as “they are dangerous, just like dinosaurs!”

Miss Bec & Miss Lucy

Preschool

This week we had been fortunate enough to secure the services of a School Performance based on “Sharing Culture” presented by Gwenda Stanley who hails from Moree. I was lucky to experience part of the show and was impressed with the level of audience participation by all the students.

Mr Erich Riesinger
Principal
Senior Science students paid Mungindi Hospital a visit Week 5 to gain a first hand understanding of medical equipment, procedures and processes as part of their unit on Medical Technology. We were able to connect Peter up to the ECG machine to observe and interpret his heartbeat by looking at its rhythms and patterns. It was a relief when the machine showed a perfectly healthy heartbeat and pulse rate. The students were also able to look at X-rays and taught how to find breaks and fractures in bone.

Miss Kimberly Smith
Science Teacher
Welcome everyone to Week Seven of Term Two. This week will see all students take part in a Sustainability Outreach Workshop run by the combined powers of three Environmental Education Centres from various locations. Red Hill, Warrumbungle’s, Wambangalang and The Royal Botanic Gardens and Domain Trust are all sending staff to conduct this workshop. Unfortunately Taronga Western Plains Zoo had to withdraw as they were unable to find replacement staff at this time. This program is a vital part of a Grand Western tour by this very keen and dedicated group. We are all looking forward to their visit on Wednesday morning; from all accounts they do a wonderful job and have already been to Collarenebri Central School on Monday.

Our ongoing journey to increase the Aboriginal aspects within the Preschool Program continues on track. The meeting held last week with the Elders was a fantastic starting point for all of us. This will be an excellent guide to build our understanding and devise a way forward for the future of the Preschool. With the support of Mr Eddie Pitt and the Elders we will be able to create a short and long term plan to achieve the changes that are seen as a growth journey for the Preschool. Please feel free to assist us in this endeavour as we welcome any suggestions and advice in this process.

This week see’s our Year 12 HSC students take part in the NBSA Senior Enrichment Seminar presentation In Dubbo, as we combine as an Access group and with all the other participating schools from the Dubbo area. This is a vital opportunity for all our students to be given the insight and direction required to maximise their HSC performances. The information gathered will need to be put to good use as they work their way towards the ever approaching HSC examinations in the early stages of Term 4. Part of the learning that they will encounter is all a critical lead up to their ongoing assessment tasks and trial HSC examinations mid next term. While all these things seem so far away now this is the time to commit to a well-planned and managed revision and study program so that all their learning can be consolidated now before the real pressure starts to build and adjustments can be made in a calm and managed way.

By now all the examinations have been marked and assessments have been finalised ready for the first Semester Report cycle for the vast majority of our students. This will prove to be a very tense time as these important tasks are being done for all our Preschool to Year 10 students.

This week also sees Ms Michele Riddell, Mr Nathan Forbes from Goodooga Central School and I take part in a State Access Management Group meeting in Sydney on Wednesday. This is a critical part in building the connections between all the various Access groups across the state. NBSA has the added responsibility of organising the agenda and chairing the meeting. In these times of constant change there may well be important information coming out of this group that will impact on how Access programs will function into the future. I am quite sure that we all understand just how critical this program is for all our students who are planning their Stage 6 and Higher School Certificate completions for their futures and wanting to be able to do this from their home towns.

Last week saw the school re-start its Positive Behaviour for Learning (PBL) journey; this involved a Video Conference and school visit by the PBL team from Tamworth. As we look at the information from this process it will allow the school PBL team to plan its pathway to rebuild the foundations of this really significant program. This will now continue with a school team meeting this week to consolidate where the school is up in the process and which areas need to be re-established. Once this is done we will have a much clearer idea of where we need to focus our energy to build the program within the school. This will include students, staff, parents and carers coming together in a united front. Be
Principal's Message

prepared for this as it is put in place across the school. Part of the plan is to incorporate as many of the processes already in place as we can. This includes our end of term activities for students who are doing the right thing.

As part of our revised welfare structures the school will be having a reward day at the end of each term. The plan is to have a Sports focus on the reward day at the end of this term. The focus will be on team activities with a number of high interest activities to cater for the Primary students. This is planned to take place at the Community Hall which has a vast array of activities to cater for every taste and interest. We are looking to see if there is a group who can host some of these activities.

There will be more information each week to keep everyone informed. Please let the School Administration know if you are happy with the information we are providing on Ph: 02 6753 2207.

All the best.
Mr Erich Riesinger
Principal

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CANTEEN MENU 2015 WEEK 7

<table>
<thead>
<tr>
<th>MAINS</th>
<th>PACKS</th>
<th>DRINKS &amp; EXTRAS</th>
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<tbody>
<tr>
<td>Pie</td>
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<td>Hot Milo</td>
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<tr>
<td>Sausage Roll</td>
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<td>Frozen Yoghurt</td>
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<tr>
<td>Pizza</td>
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<td>Chip Packet</td>
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<tr>
<td>Nuggets</td>
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<td>Sandwiches</td>
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<tr>
<td>Chicken Wraps</td>
<td>$3.50</td>
<td>Pop Top Water</td>
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<tr>
<td>Chicken Poppers</td>
<td>$3.00</td>
<td>Popper</td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$3.00</td>
<td>Milk Poppers</td>
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</tbody>
</table>

All foods are subject to availability. We are always looking for people to help in the canteen, or if you wish to donate fruit, that would be fantastic. Many hands make light work.
**Boomi Junior Tennis Tournament 2015**

**Sunday 21st June, 2015**

8.00am start.

Nominations by *Friday 19th June*

Under 18, Under 15, Under 13, U11

U11 (must be able to play a game of tennis)

**N.B. Events/age groups may change depending on numbers.**

Singles, Doubles & Mixed Doubles

Consolation Events (*time permitting*)

Contact Sam Hickson Ph. 02 67535314 (Hot Spa will be open in the afternoon)

email jshickson@bigpond.com

BBQ available & shop open

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**Mungindi Mud Trials**

6 June 2015 9:00 am Start

‘Dindierna’ Boomi Road

You Beaut Show, Jumping Castle, Car Boot Sale,  Go-Kart Race for Kids, Tug-O-War, All Day BBQ.

Best Looking Mud Bomb and Last in Points.

There will be many more things happening throughout the day so please come down and see what its all about and have a great day.

For More Details Contact: Julie Davies 0455 590 269
**Motivation, Commitment, Success**

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Principal

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